

BIRMINGHAM AREA PARKINSON'S GOOD START PROGRAM

Hosted by APDA Alabama

The Alabama APDA Good Start Program is presented by specialists and allied healthcare partners from the UAB Comprehensive Center for Movement Disorders for individuals diagnosed with Parkinson's disease. The event is free to attend, but registration is required. A care partner or family member is encouraged to join.

THURSDAY, MAY 15, 2025 -1PM - 5PM

UAB MED WEST - CONFERENCE ROOM

**995 9th Ave SW
Bessemer, AL 35022**



AGENDA

1PM: Parkinson's Overview

2PM: Building Your PD Care Team

Therapy Panel (Physical and Occupational Therapists,
Speech Language Pathologist)

Movement Break

3PM: Tips for Living Well with Parkinson's

4PM: Navigating PD Resources, Open Q&A

**This agenda is subject to updates.*

REGISTER

To register for the Good Start Program online, click on the QR Code or go to:

https://uab.co1.qualtrics.com/jfe/form/SV_78njjgxbBlPeodg

Or contact Brooklyn White at bawhite@uabmc.edu, or by calling **1.205.706.7320**.

FREE