



AGENDA

Friday, April 26, 2024

10:00am – 3:30pm

Rainier View Christian Church

12305 Spanaway Loop S. Tacoma, WA 98444

10:00 - 10:10pm	Welcome Address	
10:10 - 10:50	General session 1: Recognizing & Managing Motor Fluctuations	Dr. Jenny Davis, Movement Disorder Specialist Maple Valley Movement Neurology
10:55 - 11:25	General Session 2: Thriving Through Occupational Therapy	Heidi Huynh, Occupational Therapist Ascend Therapy Services
11:40 - 12:05	Breakout Session 1 4 sessions offered - choose 1	1. Care Partner Conversation Circle (Katie) 2. PWR! Moves - Focused on large (Christie) 3. music/voice Jessica (confirmed) 4. Rock Steady Boxing - JJ
12:05 - 11:00	<i>BREAK/Booths/Get lunch Lunch with no Speaker</i>	Table Topics/Discussion time
1:00 - 1:30	General Session 3: Beyond Medication Panel - Exercise, Communication & the Role of Pre-habilitation	Nate Coomer, PT Jessica Aubin, SLP Heidi Huynh, OT Moderated by Dr. Kimmy Su, MDS
1:40 - 2:05	Breakout Session 2 4 sessions offered - choose 1	1. Hand on helpful caregiving - Heidi 2. PWR! Moves - Chrstitie (confirmed) 3. cognitive training - nate (confirmed) 4. Rock Steady Boxing - JJ (confirmed)
2:15 - 2:55	General Session 4: TBD	Dr. Kimmy Su, Movement Disorder Specialist University of WA, VA Medical Center
3:00 - 3:30	General session 5: Cultivating Resilience through Connection & Community	Katie Freeman, MSW Social Worker, APDA Northwest