



Optimism Award winners exemplify the APDA tagline of “Strength in optimism, hope in progress” by having a meaningful impact on the Parkinson’s community through support, education, wellness, and/or research. The Optimism Award celebrates people who are demonstrating optimism through their important contributions to the Parkinson’s community, and providing inspiration and hope for all that can be achieved.

We are surrounded by extraordinary individuals who every day are making a difference in the lives of people living Parkinson’s disease. Please help us to recognize those people by nominating them for APDA Optimism Award.

NOMINATION GUIDELINES

We invite members of our Parkinson’s disease community to use the form provided to submit nominations to Heidi Murdock, Fundraising Events Manager by **January 5, 2024**. Nominees must reside in Washington, Oregon, Alaska, Montana, or Idaho. Nominations will be reviewed and the winner(s) will be selected by APDA staff and the Magic of Hope Committee. Winners will be contacted by January 19, 2024, and invited to attend the Magic of Hope Gala and Auction on March 2, 2024, where they will be awarded the Optimism Award.

Optimism Award - Community Member

A community member nominee may be a PwP (Person with Parkinson’s), a care partner, family member, support group leader, volunteer, donor/philanthropist, or individual with a passion for Parkinson’s disease who is making a difference in the lives of those living with PD.

Optimism Award - Service Provider

A service provider nominee is a Parkinson’s healthcare professional, including (but not limited to): physician, neurologist, neurosurgeon, physical therapist, speech therapist, occupational therapist, exercise/wellness facilitator, massage therapist, researcher, nurse, clinical research coordinator, educator, or other healthcare practitioner working in the fields related to Parkinson’s disease.

Individuals cannot nominate themselves. Previous award recipients are not eligible. The list may be found at the bottom of this page.

Nominations may be submitted by emailing the completed form to hmurdock@apdaparkinson.org no later than January 5, 2024.

PAST WINNERS:

2021: Jeanne Kieffer 2022: Kerry Howard 2023: Brian Harris





NOMINATION FORM

Your Name _____
City and State _____
Phone _____
Email _____



Nominee Name _____
City and State _____
Nominee Phone _____
Nominee Email _____
Nominee Profession (if applicable): _____

Optimism Award Category: ☐ Community Member ☐ Service Provider

Provide a detailed description of how the nominee is involved with the Parkinson's Community.

Describe how the nominee exemplifies "Strength in optimism, hope in progress" and how they are making a meaningful contribution to our Parkinson's community.

What motivated you to nominate this individual for this Optimism Award?